

## Contributors

**Dr Jerome Carson** is a consultant clinical psychologist working in a community mental health team in South London. Jerome has had a longstanding interest in staff stress, which was the subject of his doctoral dissertation. Jerome now feels that the emphasis in the stress literature has been too negative and he believes that more of a focus on positive psychology and well-being, as these relate to mental health professionals would be more helpful.

**Guy Holmes** works as a clinical psychologist in Shropshire. He has a special interest in community-based groupwork. He co-edited the books *This is Madness* and *This is Madness Too* and has published in the areas of critical psychology, the medicalisation of human distress, psychiatric medication and groupwork. He is currently working on a book with PCCS Books entitled *Psychology in the Real World: Community-based groupwork*, due out late 2009. More information is available at [www.shropsych.org](http://www.shropsych.org).

**Dr Selma Macfarlane** is a lecturer in Social Work at Deakin University, Geelong, Australia. She has interests in women's well-being, mental health, the impact of social policy on lived experience, inequality and diversity, and critical social work theory, practice and education. She has been a knitter and sewer for many years.

**Dr. Jane Maidment** is Senior Lecturer at Deakin University, Victoria Australia. She is interested in exploring the ways groupwork can be used creatively in the classroom and the field. Jane has a personal interest in domestic craftwork, and through the research with older women presented in the article 'Craft groups: Sites of friendship, empowerment, belonging and learning for older women' has attempted to convey the significant restorative and social benefits of informal groupwork in

the community. Jane is interested in hearing from others who may be researching the in the area of using craft as a vehicle for fostering social connectedness.

**Morag Marshall** is a clinical psychologist working for South Staffordshire and Shropshire Healthcare NHS Foundation Trust; she also has a private practice in Shropshire. Morag has been practicing mindfulness for over 15 years and incorporates the use of mindfulness of body experience in her clinical work.

**Sarah Morgan** is hoping to develop a career as a journalist. Her first degree was in Politics and Sociology. After having several periods of psychosis she did a Masters in Journalism, which she recently completed, and she is now in recovery.

**Dr Paul Rees** recently took up the post of Senior Lecturer in Human Sciences, Social Work and Social Care at Swansea University, Wales. Prior to this appointment he had been serving as a senior manger within local authorities and has around fifteen years experience in the statutory sector. Paul has wide ranging research interests including the use of groupwork within local communities, local authorities and learning environments. He is highly experienced in the use of groupwork as a response to potentially traumatising incidents and crises. He is a regular speaker on issues such as crises response and 'State' care for children at national and international conferences.