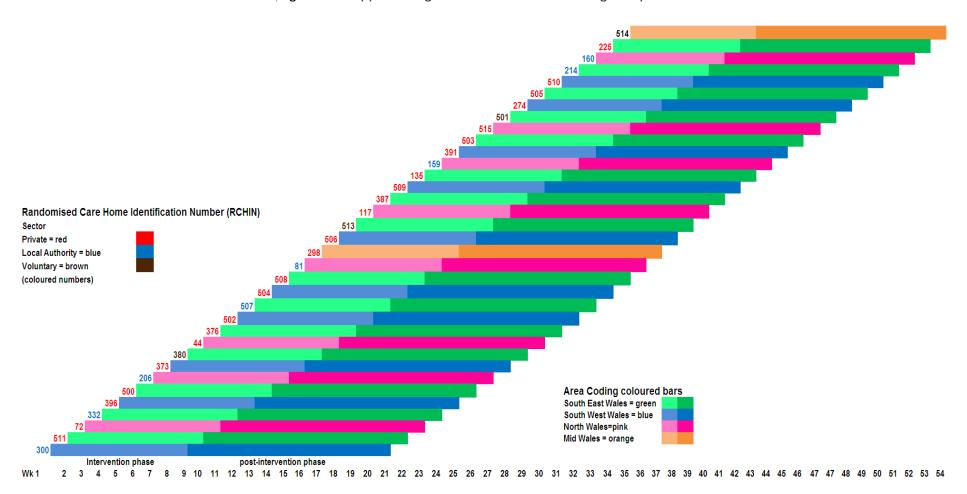
Figure 1: Stepped wedge cluster randomised design as planned



pre-intervention measures at week 1 post-intervention measures at week 8 follow up meaures at week 20